

JANUARY 2018

WISDOM MIDDLE/HIGH SCHOOL

Monday

1



8

Assorted Cereals
Cinnamon Toast
Yogurt
Orange Smiles
Apple Juice
Milk

15



22

Assorted Cereal
Buttered Toast
Yogurt
Apple
Fruit Juice
Milk

29

Yogurt Parfait
Buttered Toast
Apple
Orange Juice
Milk

Tuesday

2

Blueberry Smoothie
Buttered Toast
Apple
Fruit Juice
Milk

9

Muffin
Yogurt
Cinnamon Toast
Orange Smiles
Apple Juice
Milk

16

Blueberry Smoothie
Buttered Toast
Orange Smiles
Apple Juice
Milk

23

Scrumptious Coffee Cake
Orange Smiles
Apple Juice
Milk

30

Egg Sausage McMuffin
Apple
Fruit Juice
Milk

Wednesday

3

Doughnut Muffin
Buttered Toast
Yogurt
Orange Smiles
Apple Juice
Milk

10

Toasted Cheese
Apple
Fruit Juice
Milk

17

Bagel & Cream Cheese
Orange Smiles
Apple Juice
Milk

24

Muffin
Cinnamon Toast
Apple
Fruit Juice
Milk

31

Toasted Cheese
Orange Smiles
Apple Juice
Milk

Thursday

4

Bagel Chocolate Chip
w/ Cream Cheese
Buttered Toast
Apple
Milk

11

Crumb Cake
Apple
Orange Juice
Milk

18

Egg & Cheese Muffin Sandwich
Orange Smiles
Apple Juice
Milk

25

Doughnut Muffin
Buttered Toast
Yogurt
Apple
Orange Juice
Milk

Friday

5

Yogurt Parfait
Buttered Toast
Apple
Orange Juice
Milk

12

Blueberry French Toast
Apple
Fruit Juice
Milk

19

Blueberry Cake
Buttered Toast
Apple
Fruit Juice
Milk

26

Scrambled Eggs
Sausage Patty
Buttered Toast
Orange Smiles
Apple Juice
Milk

**TOAST IS AVAILABLE DAILY
ALL GRAINS ARE WHOLE GRAIN**